

BETTER COMMUNICATION THROUGH IMPROVISATION
U OF P
SYLLABUS
FEB – MARCH 2020

- WEEK 1: Introduction to improv and the parallel between good communication skills and good skills in the work place.
Introductory warm up improv games and exercises
- WEEK 2: Warm up games that focus on thinking more quickly on one's feet.
How to listen better
How to be a team player
- WEEK 3: Elevator speech
How to tell people what you do so that they understand.
How to present yourself at a networking party
- WEEK 4: 1 ON 1 INTERVIEWS:
How to present yourself to colleagues in an interview
How to paint a picture when telling a story.
The importance of detail and description in story telling.
LORT (Location, Objective, Relationship, Tension)
- WEEK 5: Body Language
How to appear trustworthy and confident
How to appear high status / low status
Positive body language
- WEEK 6: Subtext: What people think but don't say
Great interview skills rap up

CLASS STRUCTURE:

Every week begins with warm-up improv exercises followed by improv games and then scene work. Students work individually, in pairs and in groups of 3, 4 and 5.

The above schedule is fluid and due to the very nature of improvisation, sometimes there will be an overlap in teaching skills from one week to the next.

Every class always includes fun, engaging improv exercises that bond the participants and ends with an interactive game that helps one to think outside of the box and problem-solve.

BGS Improv for Scientists

Improv is not stand-up comedy, it is acting without a script.

- ❖ Do you want to improve your science communication skills?
- ❖ Do you wish you had the confidence to ask questions in a crowded seminar or at a conference?
- ❖ Do you want to become a better networker?

FREE BGS Improv Workshop (6 sessions)
Wednesdays Feb 19th - Mar 25th 5:30-7:30PM
Room 425 Van Pelt-Dietrich Library Center

This course offers a supportive and fun environment to:

- Learn improv techniques
- Improve communication skills
- Facilitate teamwork
- Problem solve
- Alleviate worry about making mistakes
- Practice thinking on your feet

Sign up at the following link:

<https://forms.gle/Z7cMXtvPvqH1cHDv5>

Space is limited, so make sure to sign up soon!